



Carers of West Lothian Bulletin for Professionals

July 2021



CoWL Awareness Training for Staff

We are delivering free training sessions for professionals who are or could be working with unpaid carers and/or disabled people in West Lothian.

The sessions will cover:

- Identifying and engaging with unpaid carers and disabled people.
- Understanding the impact of caring and having a disability.
- Why unpaid carers and disabled people need your support.
- How to help carers and disabled people access our support.

Session dates:

Monday 16th August 13.30-14.30pm
Wednesday 8th September 10-11am
Thursday 21st October 10-11am

Sessions are being delivered on Microsoft Teams.

To book email or phone:

catherine@carers-westlothian.com
01506 448 000

We can also deliver sessions to individual teams so please get in touch to discuss.

TIME and SPACE

supporting
people with dementia
and their carers



An OPAL and Carers of West Lothian partnership, offering a new service for clients and their carers:

- Coordinator will discuss requirements with both client and carer before developing a support plan
- Support can be received together or individually
- Clients can receive one-to-one or group support
- Training, social groups, and short break opportunities for carers

For further information,
please contact the Project Coordinator, Linda Gourlay
Tel: 07545 207938 Email: linda@carers-westlothian.com
alternatively, call OPAL on 01506 815815

Cyrenians: Scottish Charitable Incorporated Organisation (SCIO) SC011052
Carers of West Lothian: Registered Scottish Charity SC019628



Magic Show!

Back by popular demand!
Thursday 26th August, 7 – 8pm

Throughout 2021, on the last Thursday of the month we've been gathering on zoom to connect up and have fun! We're delighted to announce that we have Greg performing his wonderful tricks. Please get in touch for the zoom code.